

## **Chronicle of Indiana Cancer Control**

# **Spotlight**

#### **October — Breast Cancer Awareness Month**

Breast cancer is the second leading cause of cancer death, and excluding skin cancers, the most frequently diagnosed cancer among women in Indiana and in the United States. There were 6,287 cases of breast cancer diagnosed during 2017 in Indiana.<sup>2</sup>

Black women are at an increased risk for poor outcomes relating to breast cancer, in part because they are often diagnosed at a younger age, in later stages of the disease and with more aggressive forms of breast cancer. [See Figure 1].

1. Centers for Disease Control and Prevention. Cancer Burden: Indiana. 2019. Accessed online at https://gis.cdc.gov/Cancer/ USCS/DataViz.html on January 8, 2021.

2. Indiana State Cancer Registry



#### Figure 1. Percent of Female Breast Cancer Cases by Stage of Diagnosis and Race -Indiana 2008-2017

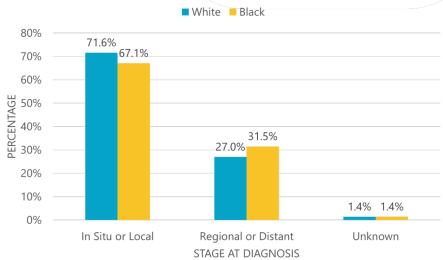
Source: Indiana State Cancer Registry

\*An in situ tumor is a tumor at the earliest possible stage, when cells have not invaded surrounding tissue. This stage can only be diagnosed by microscopic examination.

A localized tumor is any tumor that has not spread beyond the primary organ.

A regional or distant tumor is one that has spread to other parts of the body (this is also referred to as a tumor that has metastasized), either through the blood or lymphatic systems.

With an unstaged/unknown tumor, there is insufficient information available to determine the stage of the disease.



### **Indiana Programs**

The Indiana Breast and Cervical Cancer Program (IN-BCCP) is the Hoosier implementation of the National Breast and Cervical Cancer Early Detection Program (NBCCEDP). Through the IN-BCCP, female Indiana residents may qualify for free breast and cervical cancer screenings and diagnostic tests.

#### Services provided

- Colposcopies (with or without biopsies)
- Liquid-based cytology tests
- High-risk panel HPV testing
- Office visits

Pelvic exams/tests



- Clinical breast exams
- Mammograms (screening and diagnostic)
- Diagnostic breast ultrasounds
- Breast biopsies
- Consultations

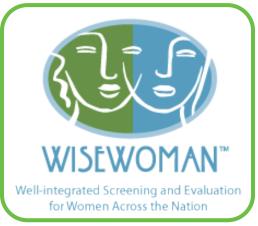
### SCREENING WOMEN, SAVING LIVES

Cancer Early Detection Program

**Cancer treatment**As of 2009, the IN-BCCP is capable of qualifying women diagnosed with breast and cervical cancer for MA-12 (Indiana Medicaid) through its Option 3. The MA-12 remains active during cancer treatment and terminates at its conclusion.

For more information and how to enroll, visit www.in.gov/health and search for IN-BCCP

### **WISEWOMAN**



In 1993, Congress authorized the Centers for Disease Control and Prevention (CDC) to establish the WISEWOMAN Program.

This action extended cardiovascular services to women as part of the National Breast and Cervical Cancer Early Detection Program (NBCCEDP).

The IN-WISEWOMAN program was introduced as an enhancement to the Indiana Breast and Cervical Cancer Program (IN-BCCP). To be eligible for the program, you must first be enrolled in IN-BCCP.

The IN-WISEWOMAN Program is implemented through a collaboration of the cancer control section, early detection section

and cardiovascular health and diabetes section of the Indiana Department of Health Division of Chronic Disease Prevention and Control.

#### Why participate in WISEWOMAN?

You can lower your risk of getting cancer again or having cancer come back by making healthy choices<sup>3</sup> and maintaining them.

The IN-WISEWOMAN Program provides free or low-cost health services including:

- •cardiovascular screenings,
- •risk reduction counseling,
- •healthy behavior support services,
- •health coaching, and
- •and more to promote long-lasting, heart-healthy lifestyles.

For more information and how to enroll, visit www.in.gov/health and search for WISEWOMAN

 $3. \ https://www.cdc.gov/cancer/survivors/life-after-cancer/staying-healthy-after-cancer-treatment.htm$ 

To promote, protect, and improve the health and safety of all Hoosiers

Indiana Department of Health

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